

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:

Sallie B. Howard School

Month and year of current assessment: 01/2022

Date of last Local Wellness Policy revision: 10/2018

Website address for the wellness policy and/or information on how the public can access a copy:

www.salliehowardschool.com

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet? 3

Designated School Wellness Leader

Name	Job Title	Email Address
Nicole Guzman	Child Nutrition Director	nguzman@sallieb.net

School Wellness Committee Members

Name	Job Title	Email Address
Dr. Joanne Woodard	Director	jwoodard@sallieb.net
Coach Rachelle Pierce	Athletic Director	rpierce@sallieb.net
Kim Smith	School nurse	ksmith@sallieb.net
Danielle Riccaldo	Parent	Dmwhitely2123@gmail.com
Saptosa Foster	Chief Communications Officer	sfoster@sallieb.net

Section 3. Comparison to Model School Wellness Policies

Complete the [WellSAT3.0 assessment tool](#) and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- WellSAT 3.0 example policy language
- Alliance for a Healthier Generation: Model Policy
- Other (please specify): _____

Describe how your wellness policy compares to model wellness policies.

Our wellness policy is in line with the core language set out in other policies. Each category has a layout of exactly what happens with it, breaking down the proper portions of the policy. A triennial assessment was completed in January of 2021 and the policy was compared to model policies using the University of Connecticut's Rudd Center WellSAT: 3.0. Items evaluated reflect federal law and best practices.

Section 4. Compliance with the Wellness Policy and Progress towards Goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the district local wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Education - Teach/Model and encourage healthy eating by all students through integrated teaching of lessons. Promotion - Provide healthy choices throughout the school and encourage all participation in school meal programs. Menu boards to encourage healthy meal choices.		X		Continue to train/support staff members on Education and continue to encourage healthy eating for all students through integrated teaching and engagement.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Provide Physical Education/Activity to all students, while using age-appropriate curriculum consistent with national and state standards. Daily recess/movement is also provided to all students, and when possible, provided to students prior to lunch, to reduce waste of food.	X			Continue to monitor the activity and continue to promote and monitor the physical activity and education of students.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
After school programs to promote this will be offered, in some form. Offering family-focused events yearly to support health promotion, including dances and vaccine clinics (COVID/FLU)	X			Continue to promote and provide additional activities.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
All foods and beverages sold on campus during the school day will meet the nutrition standards and comply with the smart snacks standards.	X			Smart Snacks Standards are implemented and followed during the school day.

Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
The Director and Child Nutrition Director encourage foods offered on the school campus to meet or exceed the USDA Smart Snacks in School nutrition standards, a list of healthy snack options is available for staff or family members parents that want to Provide snacks at celebrations and parties and classroom	X			Continue to monitor those teachers are providing healthy choices for rewards, incentives and snacks.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Campus only allows marketing of school meals or foods that meet the smart snacks requirements	N/A			Continue to monitor compliance with this rule.

Include any additional notes, if necessary:

Food preparations complies with the HACCP guidelines to prevent food illness, The school continues to monitor, evaluate, and implement proper guidelines, with periodic review of the policy. The board takes swift action on policy changes to allow for the Local Wellness Policy to be up to date.