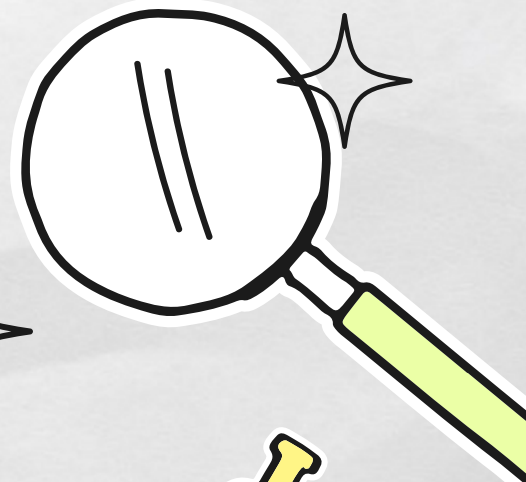


EAGLE REPORTER



EDITOR'S NOTE

The first issue of the Eagle Reporter was a huge success! Thank you for supporting your Middle School SGA. In this issue we focus on Middle School Athletics cause "all we do is "WIN WIN WIN no matter what!" Let's celebrate our athletes and their awesome achievements.



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UPCOMING EVENTS

Nov 15: Family Night at the Fall Book Fair 4pm-7:30pm

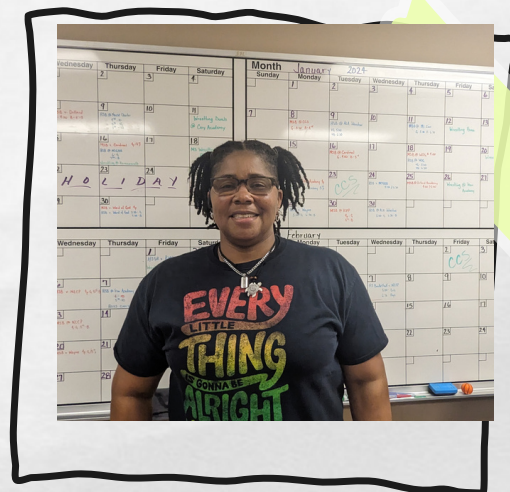
Nov 15: Progress Reports

Nov 22-24: Thanksgiving Break

Nov 27 - Dec 1: CFA Week



COACH PIERCE



Do you feel any pressure as an Athletic director?

I feel a lot of pressure because I have to make sure everything is right, that everybody is at the right place at the right time, and that all teams are on time to their events.

How do you keep your staff encouraged?

By reminding them of the reason why we do what we do. We coach, and we teach because we have a love for sports, for the game, and the kids that are trying to get better.

What is your vision for Sallie B. Howard sports?

I believe Sallie B. Howard's program will grow to be a great athletic program. We started in 2007 with Middle School basketball and soccer and we've won several championships. Track and wrestling have also done extremely well. So I think in the future, based on how everything is going so far, I think they will do a good job.

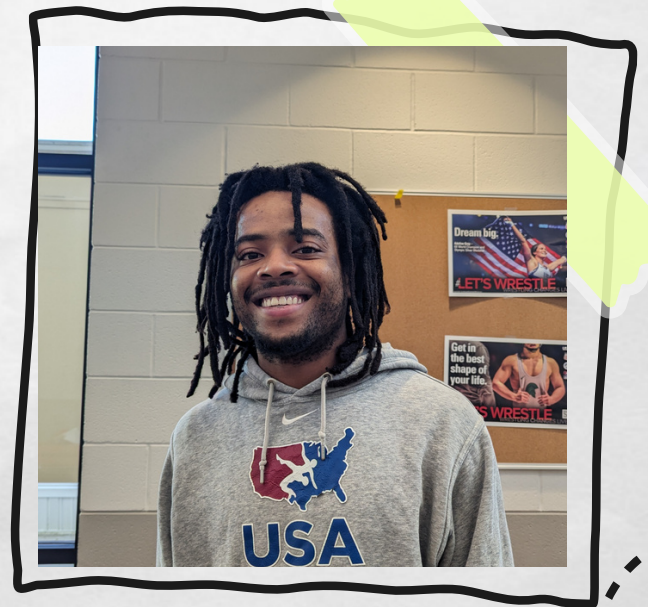
Which sports do you like the most?

My favorite sport is of course basketball because I played basketball in college and in high school. My next favorite sport is baseball. We don't have that sport, yet, but it is something we are looking forward to.

by Juan & Vanathi

2

RAE'SAE



Coach Ray'Sae

How long have you been wrestling?

I have been wrestling for 15 years.

How many matches have you won?

I have 156 wins and 23 losses.

Tell us something about wrestling that most people don't know?

Wrestling prepares you for the hardships and battles you may face in life. Because wrestling is a tough sport you learn to keep going and keep getting back up again.

by Tyrone & Vanathi



ISRAEL, TAYLOR, & BLOUNT



What is the best thing about cheer?

The best thing about cheer is watching each individual girl grow from being timid and scared to be fearless.

Do you have any competitions planned this year?

We have several competitions planned however we don't have the dates yet.

What advice do you have for aspiring cheerleaders?

Be coachable. Be prepared to struggle to be the best, you will learn from your mistakes.

by Amiyah & Jai'Sean

COACH PEREZ



What skills does a soccer player need to be successful?

A good soccer player must have three qualities; discipline, the ability to work within a team, and passion. To achieve high athletic performance, you must have discipline. To win, you must work with your team. To show greatness you must have passion.

Who is your favorite soccer player of all time?

Cristiano Ronaldo is a fantastic player, in my opinion the best of all time. His love and passion for the sport are demonstrated on and off the field. He is an outstanding athlete who shows us that with discipline and persistence success can be achieved.

What words of wisdom do you have for anyone who would like to try out for soccer?

Anyone at Sallie B who is passionate about soccer is welcome to be a part of the team. Eagles Soccer is a space meant to cultivate peak athleticism, as well as Sallie B.

Howard School values.

by Juan & Vanathi

Soccer



Sallie B Howard Charter School



Cheer

Updated Fall Sports Schedule



2023-2024 SBH ATHLETICS WINTER SPORTS SCHEDULE

November 9	MS Basketball @ Neuse Charter (Boys Only)	4:30	Neuse Charter
	HS Basketball @ Neuse Charter	5:30	Neuse Charter
November 11	Wrestling Duals @ Cary Academy		Cary Academy
November 14	MS Basketball v. Mt Zion (Boys Only)	4p	HOME
	HS Basketball v. Mt Zion	5:30	HOME
November 16	HS Wrestling @ Ravenscroft	4:00	Ravenscroft
	MS Basketball v. Cardinal	4:00	HOME
	HS Basketball @ NCGBB	6:00	NCGBB
November 18	MS Round Robin Wrestling @ Ravenscroft	9:00	Ravenscroft
November 20	MS Basketball @ Wayne	4:00	Wayne Prep
	HS Basketball @ Wayne	5:00	Wayne Prep
November 21	HS Basketball @ Greenfield (Girls Only)	6:00	Greenfield
	MS Basketball v. Dillard Academy	4:00	HOME
November 27	MS Basketball v. CCS	4:00	HOME
	HS Basketball @ NECP	5:00	NECP
November 28	HS Basketball @ Riverside	6:30	Riverside
November 30	HS Basketball v. WOG	5:30	HOME
	MS Basketball v. WOG	4:00	HOME
December 1	HS Basketball v RMA (Girls Only)	4:00	HOME
	Wrestling Quads @ Cary Academy	TBD	TBD
December 5	HS Basketball v. Riverside	5:30	HOME
December 6	MS Basketball v. NECP	4:00	HOME
December 7	HS Basketball @ Iron Academy	5:30	Iron Academy
	MS Basketball @ Iron Academy	4:00	Iron Academy
December 9	Wrestling TAC Duals		Iron Academy
December 11	MS Basketball v. KIPP	4:00	HOME
December 12	HS Basketball @ CLA	5:30	CLA
	MS Basketball @ CLA	4:00	CLA

